

Levy Special Education Center

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Levy Link

NOVEMBER 2019

District Turkey & Canned Food Drive

November 4-20



Bring canned and boxed food help support Levy! Our goal is to collect 550 canned or boxed food items. All goods will be donated!



Fall Recess

NO SCHOOL

November 28-29



UPCOMING DATES:

November 1—Picture Day

November 5—Dental

Screenings

November 11—NO SCHOOL

- Veteran's Day

November 12—Young

People's Concert

November 22—Picture

Retakes

November 27—NO SCHOOL

- Conference Release Day

Mission Statement

THE MISSION OF LEVY SPECIAL EDUCATION CENTER IS TO PROVIDE A SAFE AND STIMULATING LEARNING ENVIRONMENT WHICH PROMOTES DIGNITY AND RESPECT FOR THE STUDENTS, AND WHERE THE INDIVIDUAL NEEDS OF EACH STUDENT ARE MET BY A TEAM OF SKILLED CARING PROFESSIONALS IN WAYS THAT ARE PURPOSEFUL AND MEANINGFUL.

Hi from Room B2....

We have had a busy and fun year so far. The first nine weeks have flown by. We have our activities here at school that keep us busy each and every day. Those include Unique, Life Skills, PE, Music, Vocational, Art, Library, Levy Workshop, and Swimming. In between those we find time for some repositioning and recreation leisure activities. The students take turns going out on CBI to our three different sites which include Towne West, Target, and Walmart. Our six students rotate between the three sites and the students are able to make choices and communicate.

We haven't had a field trip yet, but we are planning some! Coming up in December, we will be going to Towne West. We had fun at our all school picnic and dance in September. We have a fun activity coming up at the end of the month. Our Fall celebration, which included a Halloween Parade and Dance was a lot of fun. That is all for now from B2!

Tammy, Cindy, Stephanie, Leah, Rubi, Betty, Juan, Joshua, Gage, and Nathaniel





A note from E7

The first nine weeks of the school year have been busy for classroom E7. Our paraeducators are Brett Leabo, Calley Kinchion, and Cassandra Limon. They do a wonderful job with our students and we are happy to have them in our room.

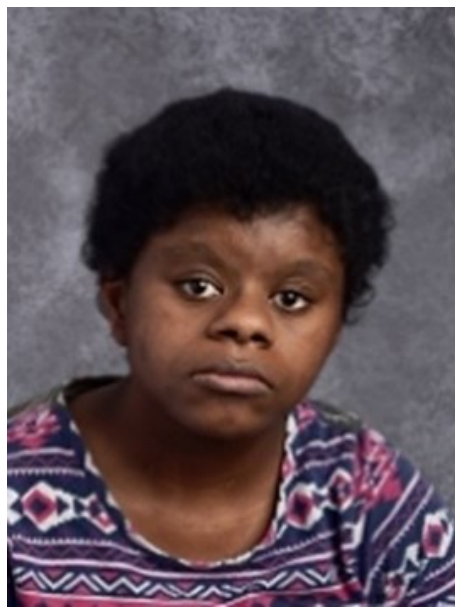
We have several new students and we have been getting to know each other. In addition to participating in our Unique Curriculum, we have been attending many new special classes. There are the old favorites such as Music, PE, Library, and Life Skills but our class also enjoys Art. We would like to give a big shout out to Rebecca Gobel, Christopher Mossman, Kim Savage, and Tiffany Smith, who are our specials teachers.

The highlight for the month of October was decorating pumpkins for the annual contest. E7 took white pumpkins and dipped them in nail polish that had been poured in water. Our pumpkins are very colorful and cute. E7 is looking forward to working on many fun holiday projects such as gifts for parents and holiday cooking activities.

It's hard to believe the school year is passing so quickly. Thanks for everything you do make sure your young adults are well cared for and ready to learn!



E7



New sensory pathways



Hello from Lifeskills!

It has been an exciting and busy year so far. We started out this year talking about how we treat ourselves and others, being respectful of our friends and staff members at school, and using our manners. We played some really fun games that covered each area. The students really care about each other and a lot of them have made some good friends along the way. What an amazing thing to see!

In September, we spent a lot of time learning about the government. We voted on which Kool-Aid to make for each class. We found out that Orange Crush was the winner for the whole school. We also learned about how to be a good citizen.

I think the students' favorite part of Life skill is that we always make some type of snack. Whether it be a trail mix, cookies, or an all-time favorite, pizza.

I always try to come up with new and exciting ways to teach the students how to follow a recipe and make simple things for themselves. One week, we learned who invented the toaster, and how there are many styles of toasters that have been invented! The students got to make their own toast and we also made homemade butter to go with it. It was a fun lesson!

Kids loved making their own snack! You are always welcome to stop by Lifeskills and join in. You never know, you might even get a little snack!

Thanks,
Kimberly Savage

Occupational and Physical Therapy

One of the ways the OT/PT department helps students at Levy is to work with teachers on sensory strategies to help students increase their ability to self-regulate and focus in class. These are a few strategies for calming. It helps the student learn to self-regulate if you talk to them about where they are at on the self-regulation scale. Using an engine analogy usually works well with kids. For instance saying, “I think your engine is running a little too fast. Let’s try some calm down activities to see if we can get it to go a little slower.”

(See next page for ideas)

WHAT TO PUT IN A CALM DOWN BOX

www.andnextcomesL.com

Items that provide proprioceptive support

- Weighted lap cushion or weighted stuffed animal
- Weighted vest or pressure vest
- Stretchy resistance bands
- Sensory tunnel
- Mini massager
- Body sock
- Small blanket

Items to squeeze & keep hands busy

- Fidgets like Tangle Jr. or puffer ball
- Rubik's Cube
- Play dough or silly putty
- Pipe cleaners
- Stress balls
- Bubble wrap
- Bag of tissue paper to rip
- Scarves or fabric scraps
- Spinning top

Items to support breathing & relaxation

- Bottle of bubbles
- Pinwheels
- Straws and cotton balls or pom poms

Items for olfactory sensory support

- Calming essential oil spray
- Smelling bottles
- Scratch and sniff stickers

Items to get kids moving

- Book of yoga poses or yoga activity cards
- Skipping rope

Items for auditory sensory support

- Noise cancelling headphones
- MP3 player with music
- Audiobooks

Items for oral motor sensory support

- Chew toy or chew necklace
- Chewing gum, hard candies, or lollipops
- Snacks with a variety of textures
- Whistle, harmonica, party blowers, or similar
- Rescue Remedy Spray

Items that give kids a brain break

- Puzzle
- Books to read
- Blank notebook and writing utensils
- Coloring books
- Scratch art doodle pad
- Small chalk board, Magna-Doodle, Etch-a-Sketch, or Boogie Board
- Activity books
- Photo album

Items to visually calm

- Visual calm down cards
- Sensory bottle or calm down jar
- Light up toys
- Flashlight
- Plastic snow globe
- Kaleidoscope
- Hourglass
- Eye mask



HOW SICK IS TOO SICK?

WHEN TO KEEP YOUR CHILD AT HOME FROM SCHOOL



Children need to be at school so they can learn. The best way to prevent the spread of infection is with proper, frequent hand washing. Encourage children to cough and sneeze into their elbows, not hands, and refrain from touching the eyes, nose and the mouth areas with hands.

If your child needs a doctor and/or health insurance, you may contact the School Nurse for information about options available in the Wichita area.

If your child will be absent from school, please call the school office.

When is a child too sick to be at school? Here are some tips for deciding:

Illness	Child needs to stay home?
<u>FEVER</u> A fever of 100.4°F or greater	<u>YES</u> Stay at home until 24 hours after the fever is gone without the use of medication that reduces the fever. (Tylenol/Acetaminophen, Motrin/Ibuprofen)
<u>"FLU-LIKE" SYMPTOMS</u> Cough, headache, fatigue, body aches, vomiting and/or diarrhea with or without a fever	<u>YES</u> Stay at home if the child is not feeling well enough to fully participate in regular school activities. Persons diagnosed with influenza/flu shall remain on home isolation for 5 days following onset of illness or until fever-free without fever reducing medication for 24 hours, <u>whichever is LONGER</u> .
<u>COLD SYMPTOMS</u> Stuffy nose with clear drainage, sneezing and occasional cough	<u>NO</u> Child may come to school
<u>DIARRHEA</u> Two or more loose or watery bowel movements compared to child's normal ones that are not caused by food, medicine or chronic health condition	<u>YES</u> Stay home if child looks or acts sick; if child has diarrhea with fever and isn't acting normally; if child has diarrhea with vomiting. Stay at home until it has been 24 hours since the last diarrhea. Contact the doctor if diarrhea persists more than 24 hours with a fever.
<u>VOMITING</u> Throwing up two or more times in the past 24 hours that is not related to chronic health condition	<u>YES</u> Stay at home until the vomiting stops or the doctor says the illness is not contagious. Stay at home until it has been 24 hours since the last time the child has vomited. Contact the doctor if the child had a recent head injury and vomiting, or if child has vomiting, fever and severe belly pain.
<u>COUGHING</u> Coughing due to respiratory illness Not related to asthma or allergies	<u>YES</u> Stay at home if the child is unable to do regular school activities because the cough is frequent and uncontrolled. If the child is experiencing severe and uncontrolled coughing or wheezing, rapid breathing or having difficulty breathing, urgent medical attention is needed.



Department of Health Services



Cold, Flu or "Stomach Flu"

Know the Difference



COLD

A cold is a contagious respiratory illness caused by more than 100 different viruses

- Runny or stuffy nose
- Sneezing
- Nasal congestion
- Sore throat
- Mild cough
- Mild aches
- Fatigue
- Fever (young children)

SYMPTOMS CAN INCLUDE

PREVENTION

- Frequent handwashing
- Covering your cough/sneeze by coughing/sneezing into the bend of your arm

TREATMENT

- Over-the-counter cold medicines
- Zinc lozenges
- Vitamin C



FLU/Influenza

The flu is a contagious respiratory illness caused by influenza viruses

- Fever
- Chills
- Runny or stuffy nose
- Body aches
- Fatigue
- Headache
- Sore throat
- Hacking cough
- Vomiting (young children)
- Diarrhea (young children)
- Sudden onset

SYMPTOMS CAN INCLUDE

PREVENTION

- Yearly flu vaccine
- Frequent handwashing
- Covering your cough/sneeze by coughing/sneezing into the bend of your arm

- Over-the-counter flu medicines
- Prescription flu medicine
- Bed rest

Persons diagnosed with flu/influenza shall remain on home isolation for 5 days following onset of illness OR until fever free 24 hrs. without use of medication, whichever is LONGER



'STOMACH FLU'

"Stomach flu" isn't the flu at all. It's inflammation of the lining of the stomach and intestines. Several different viruses can cause the "stomach flu" which is highly contagious and extremely common.

- Watery diarrhea
- Vomiting
- Nausea
- Headache
- Fever
- Chills
- Abdominal pain (cramping)

SYMPTOMS CAN INCLUDE

PREVENTION

- Frequent handwashing
- Don't share food, drinks or eating utensils with infected people

TREATMENT

- Over-the-counter anti-diarrheal and nausea medicines
- Drink plenty of water or sports drinks
- Avoid fatty and sugary foods, dairy products, caffeine & alcohol

If you are sick (except when diagnosed with flu/influenza- see above), stay home until fever free for 24 hours without the use of fever-reducing medications like Tylenol or Motrin (acetaminophen or ibuprofen).

A fever is defined as a temperature greater than 100.4 degrees.

For more information, visit usd259.org/healthservices



**A
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**LEVY
POP-UP
STORE**

ART



FALL CELEBRATION





FALL CELEBRATION